

NICA X MyVeloFit Benefit Code

We are excited to announce a new partnership between NICA and MyVeloFit, a revolutionary bike fitting service. This collaboration is aimed at enhancing your cycling performance, comfort, and overall riding experience.

What is MyVeloFit?

MyVeloFit is an advanced AI-driven platform that provides industry-leading bike fitting analysis and recommendations from anywhere. It's designed to optimize your cycling position for better comfort, efficiency, and injury prevention. By analyzing video footage, MyVeloFit's software assists you in tailoring your bike fit specifically to your body's needs and cycling goals.

Your Complimentary Enthusiast Fit

As part of our partnership, each NICA student-athlete and coach is entitled to a complimentary MyVeloFit Enthusiast Fit. This plan includes 2 weeks of access from the time it's redeemed to detailed, personalized bike fit recommendations for one bike, ensuring your cycling training is as effective and comfortable as possible.

Please note: Don't redeem your license key until you are ready to start your fit.

How to Access Your Enthusiast Fit

- 1. Submit the <u>NICA Student-Athlete and Coach Benefits Request Form</u>
- 2. Wait for your unique access code to land in your email inbox
- 3. Visit: https://portal.myvelofit.com/code
- 4. Enter your unique access code
- 5. Create an account
- 6. Follow the on-screen instructions to complete your bike fit assessment

What You Need

To get started with your fit, you'll need:

- A mobile device with a camera, ideally set up on a tripod or other fixed mount.
- Your bike set up on a trainer or rollers.
- Athletic clothing for clear movement analysis.
- Tools to make adjustments to your bike.

For a complete understanding of the process and getting set up for your bike fit, check out this <u>blog post</u> on getting the most out of your online bike fit.



Support and Assistance

If you need any assistance or have questions about using MyVeloFit, please don't hesitate to reach out to our dedicated support team at support@myvelofit.com.

We are thrilled to support your cycling journey and can't wait to see how this partnership enhances your mountain biking experience. Welcome to the MyVeloFit community!